

Course Description

DAA1505 | Jazz Dance 2 | 2.00 - 3.00 credits

This course continues the student's introduction to the vocabulary technique of jazz dance, incorporating a fusion of styles from popular dance, Afro-Caribbean, and traditional and contemporary modern jazz choreographers. For majors only. Audition required.

Course Competencies:

Competency 1: The student will continue to attend class regularly and focus on exercises to become physically strong and flexible through performing sequential dance exercises in class by:

1. Actively attending dance classes regularly, demonstrating commitment and dedication to consistent training, and developing and maintaining physical strength and flexibility through performing sequential dance exercises
2. Engaging fully in class exercises, actively participating, and challenging oneself to execute sequential dance exercises with precision and control, aiming to improve physical strength and flexibility while maintaining proper technique
3. Focusing on proper alignment and technique while performing sequential dance exercises in class, actively seeking instructor feedback, and implementing corrections to enhance physical strength and flexibility, ensuring safe and effective movement execution

Competency 2: The student will continue to develop skill in concentrating on correctly performing pliés, relevés, tendus, dégagés, extensions, isolations, locomotor movement, jumps as well as rhythmic variations and syncopation by:

1. Engaging in focused and intentional practice sessions to develop the skill of concentration in correctly performing pliés, relevés, tendus, dégagés, extensions, isolations, locomotor movements, jumps, as well as rhythmic variations and syncopation
2. Actively seeking opportunities to receive individualized feedback from instructors or mentors, incorporating their guidance to refine technique and execution of pliés, relevés, tendus, dégagés, extensions, isolations, locomotor movements, jumps, rhythmic variations, and syncopation
3. Incorporating regular practice of specific exercises and drills that target the development of pliés, relevés, tendus, dégagés, extensions, isolations, locomotor movements, jumps, rhythmic variations, and syncopation, aiming to improve proficiency and mastery in these elements of dance technique

Competency 3: The student will perform more complex locomotor combinations, working to achieve a sense of control, rhythm, and correct timing of movements by:

1. Engaging in regular practice sessions to master more complex locomotor combinations, focusing on achieving a sense of control over the movements, maintaining proper rhythm, and executing the sequences with correct timing
2. Actively participating in dance rehearsals and workshops incorporating more complex locomotor combinations, striving to internalize the movements and develop a seamless flow while maintaining control, rhythm, and precise timing
3. Seeking opportunities to perform the more complex locomotor combinations in front of an audience, whether in a recital, showcase, or competition, to enhance performance skills, build confidence, and further refine the sense of control, rhythm, and timing in executing the movements

Competency 4: The student will focus on deepening a kinesthetic awareness of the body moving through space with efficiency and correct placement by:

1. Engaging in regular body awareness exercises, such as proprioception drills and somatic practices, to deepen the kinesthetic awareness of the body and its movement through space, aiming for increased

- efficiency and correct placement
2. Actively participating in movement exploration sessions, improvisation exercises, and guided movement studies to develop the kinesthetic awareness of the body further, focusing on efficient movement patterns and precise body placement
 3. Seeking feedback from instructors or mentors on body alignment and movement efficiency, actively incorporating their guidance and corrections to refine the body's kinesthetic awareness, ensuring optimal movement through space with correct placement

Competency 5: The student will focus on training his/her body to develop additional strength, flexibility, agility, coordination, and musicality by:

1. Engaging in regular strength training exercises, such as resistance training, bodyweight exercises, and conditioning drills, to actively develop additional strength in the body, targeting specific muscle groups and overall physical stamina
2. Actively participating in flexibility training sessions, incorporating stretching exercises, dynamic movements, and targeted stretches for different muscle groups to enhance flexibility and increase the range of motion in the body
3. Focusing on agility and coordination through various dance drills, quick footwork exercises, and coordination challenges, actively practicing and refining movements that require quick transitions, sharp direction changes, and precise timing
4. Incorporating musicality exercises into dance practice sessions, actively working on rhythm, timing, and expression to develop a strong connection to the music and enhance the ability to interpret and convey the nuances of the music through movement

Competency 6: The student will learn to release muscular tension to train the body to move freely and easily while developing complexity by:

1. Engaging in regular relaxation techniques, such as deep breathing exercises, meditation, and stretching, to actively learn to release muscular tension and promote a sense of ease and freedom in the body during movement
2. Actively exploring and practicing body awareness exercises, such as body scans and somatic movement practices, to develop a heightened sense of tension and release in different muscle groups, aiming to train the body to move freely and easily with developing complexity
3. Participating in movement therapy or bodywork sessions, such as massage, yoga, or Feldenkrais Method, to receive guidance and support in releasing muscular tension, cultivating a deeper understanding of the body's movement patterns, and enhancing the ability to move with fluidity and complexity

Competency 7: The student will acquire a deeper understanding of jazz dance by using appropriate dance vocabulary and applying more advanced concepts by:

1. Engaging in regular practice sessions that incorporate the use of appropriate jazz dance vocabulary, actively working on integrating these terms into movement sequences and combinations to develop a deeper understanding of jazz dance
2. Actively seeking out opportunities to study and learn from experienced jazz dance instructors or mentors, actively applying more advanced concepts and techniques taught in class to further enhance the understanding and execution of jazz dance
3. Participating in jazz dance workshops or intensives that focus on advanced concepts and choreography, actively immersing oneself in the learning process, and applying these concepts to develop a deeper understanding and proficiency in jazz dance

Competency 8: The student will continue to apply knowledge of jazz dance by explaining concepts to the instructor in physical demonstration as well as oral/and or written formats by:

1. Demonstrating jazz dance concepts to the instructor through physical execution, actively showcasing an understanding of key movements, techniques, and choreographic elements, thereby reinforcing and

- applying the knowledge of jazz dance
2. Verbally articulating jazz dance concepts to the instructor, actively explaining the principles, techniques, and stylistic elements of jazz dance clearly and concisely, solidifying the understanding and application of the knowledge
 3. Engaging in written assignments or assessments that require the student to explain jazz dance concepts in a structured and coherent manner, actively demonstrating an ability to communicate the knowledge effectively through written formats, further deepening the understanding and application of jazz dance

Learning Outcomes:

- Solve problems using critical and creative thinking and scientific reasoning
- Formulate strategies to locate, evaluate, and apply information
- Describe how natural systems function and recognize the impact of humans on the environment